















Dangerous Heat Conditions

Decision Support Briefing # 3
As of: 5:15 PM Wednesday, July 17, 2019

What is Expected...

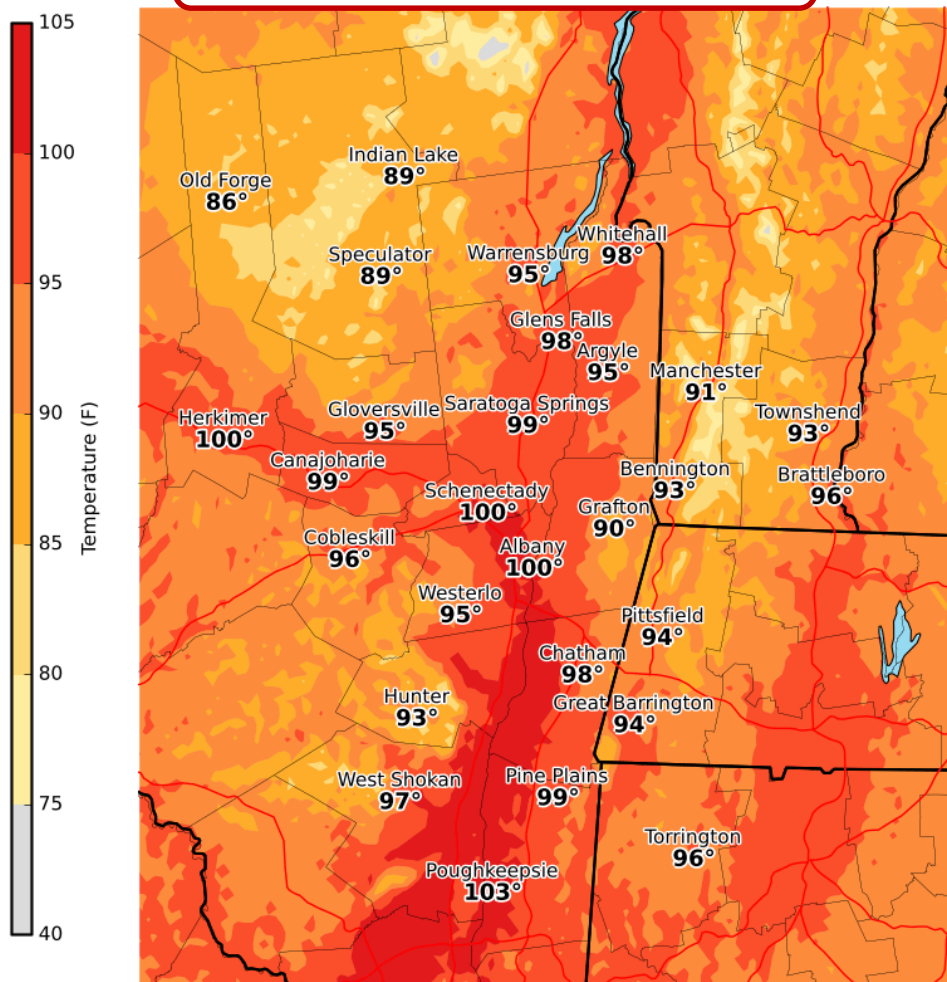
- ✓ Dangerous heat conditions Friday, Saturday and Sunday
- ✓ Most oppressive conditions Saturday

HEAT EXHAUSTION		OR	HEAT STROKE	
Faint or dizzy			Throbbing headache, confusion	
Excessive sweating			No sweating	
Cool, pale, clammy skin			Body temperature above 103° Red, hot, dry skin	
Nausea or vomiting			Nausea or vomiting	
Rapid, weak pulse			Rapid, strong pulse	
Muscle cramps			May lose consciousness	
<ul style="list-style-type: none"> • Get to a cooler, air conditioned place • Drink water if fully conscious • Take a cool shower or use cold compresses 		<p>CALL 9-1-1</p> <ul style="list-style-type: none"> • Move person to cooler place • Cool using cool cloths or bath • Do not give anything to drink 		

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Forecast Peak Apparent Temperature

Valid: Friday, July 19, 2019



National Weather Service
Albany, New York

07/17/2019 04:41 PM EDT

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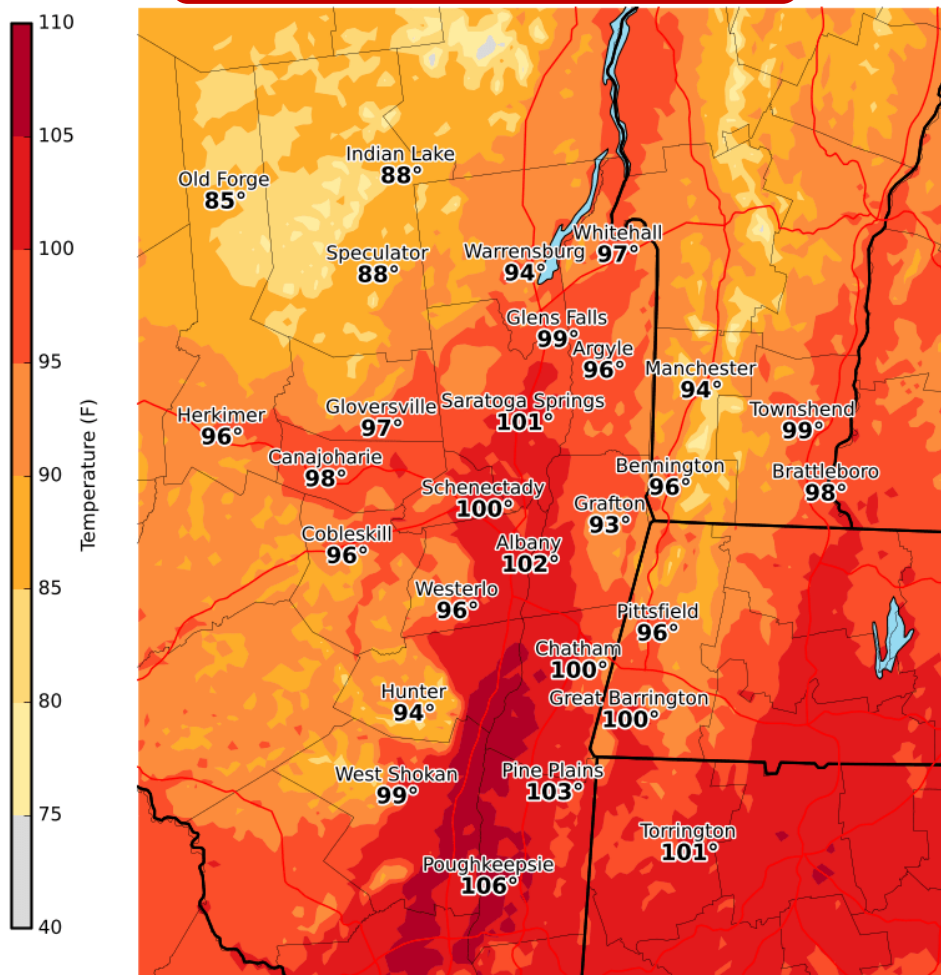


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Forecast Peak Apparent Temperature

Valid: Saturday, July 20, 2019



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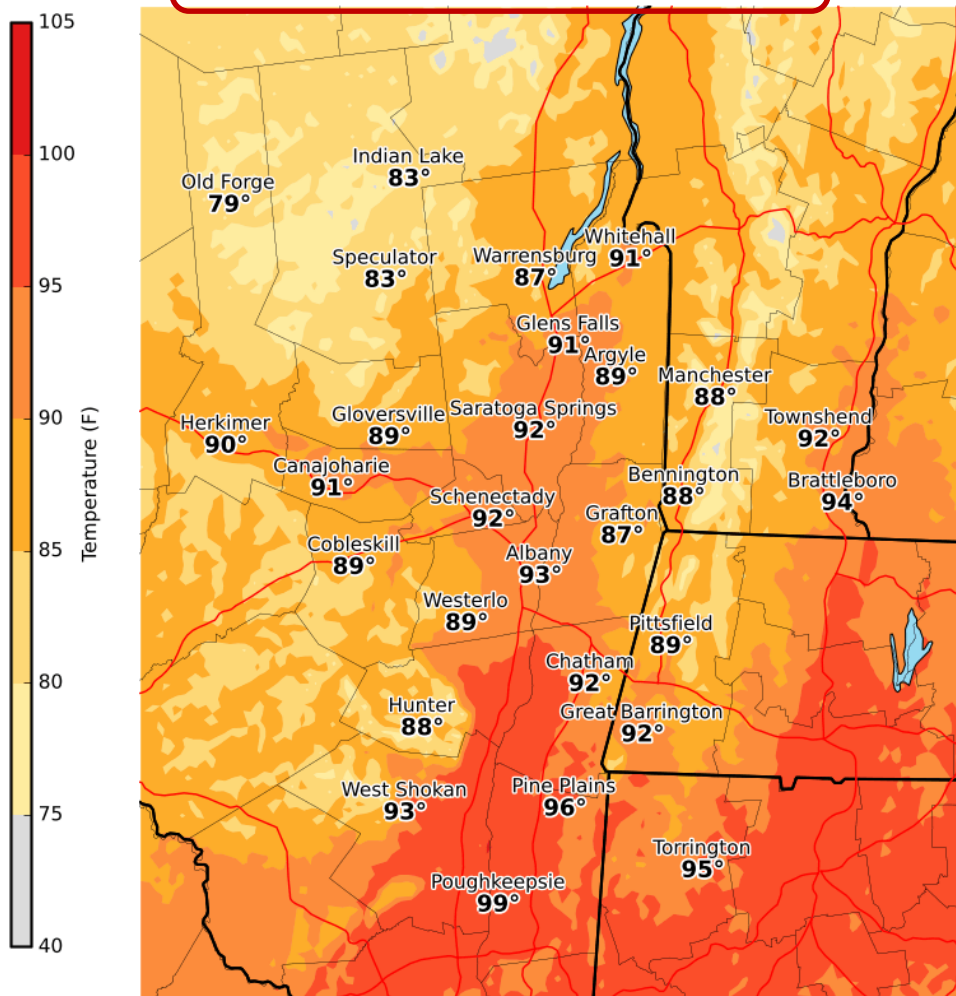
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Forecast Peak Apparent Temperature

Valid: Sunday, July 21, 2019



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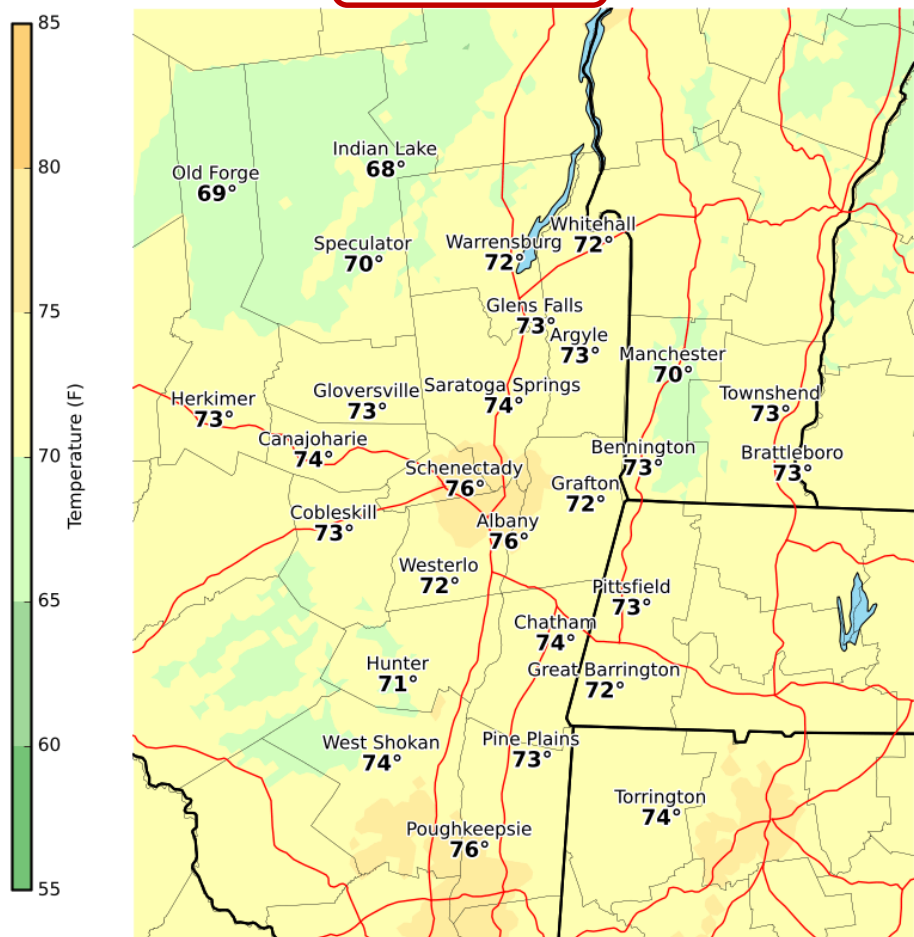
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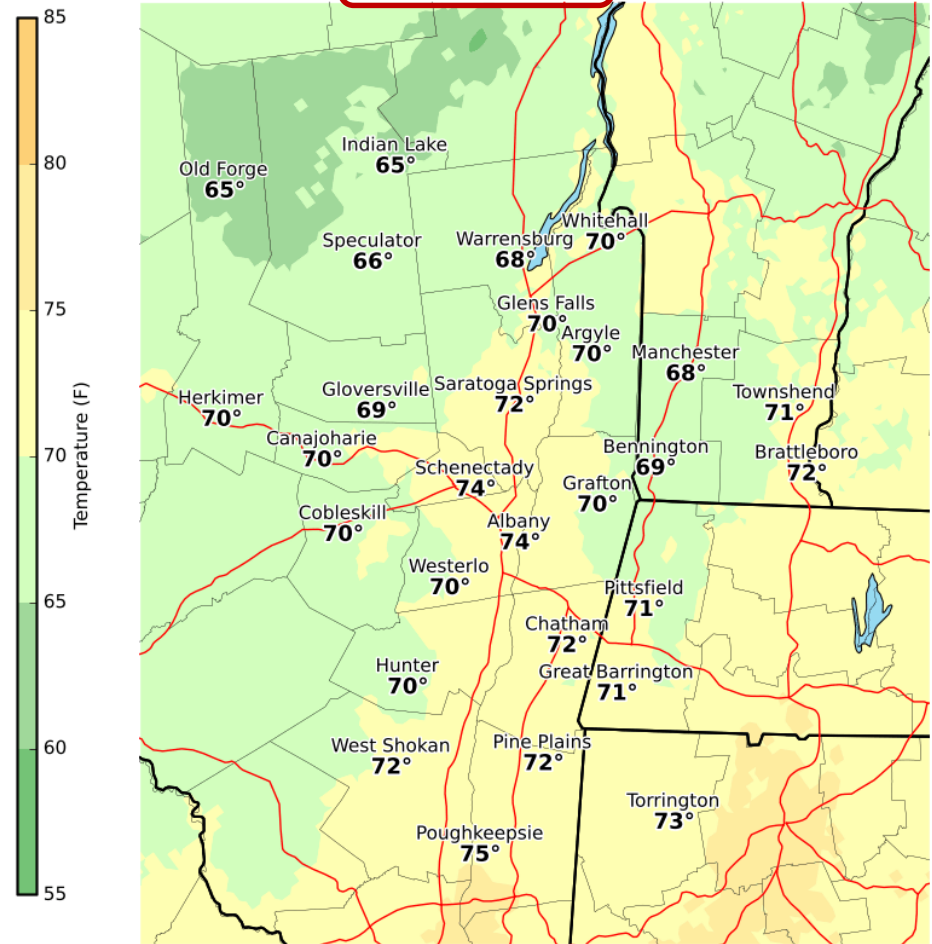
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Lows
Valid: Friday Night



Lows
Valid: Saturday Night



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Event Summary

Hot temperatures combined with high humidity levels are expected to create dangerous heat conditions Friday, Saturday & Sunday with the most oppressive conditions expected Saturday.

Heat Advisories and/or Excessive Heat Warnings will need to be issued

During **Extreme Heat**



weather.gov/heat

Find air conditioning.

Avoid strenuous activities.

Wear light clothing.

Check on family members and neighbors.

Drink plenty of water.

Watch for heat cramps - exhaustion - stroke.

Never leave people or pets in a closed car.



Excessive Heat Criteria

HEAT ADVISORY is issued when dangerous heat conditions are expected.

- Heat Indices of 95 degrees or more for two or more consecutive hours for New York State excluding the Lower Hudson Valley, New York City & Long Island and for Vermont.
- Heat Indices of 95-99 degrees for 2 consecutive days or 100 to 104 degrees for any duration in New York State for the Lower Hudson Valley, New York City & Long Island and for Connecticut & Massachusetts.

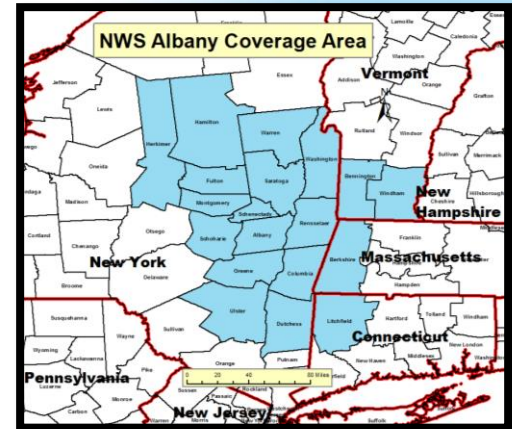
EXCESSIVE HEAT WATCH/WARNING is issued when extremely dangerous heat conditions are expected.

Specifically for heat indices of 105+ degrees for two or more hours for New York State, Connecticut, Massachusetts and Vermont.

Contact and Next Briefing Information



Next Briefing
When: 6 AM Thu, July 18, 2019
Method: E-mail



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<http://weather.gov/aly>



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Disclaimer: The information contained within this briefing is time-sensitive, do not use after 6 AM July 18, 2019