Oppressive Heat Continues



OVERVIEW:

- Oppressive heat continues across Southern New England into Wed.
- Heat Index values 98-104F (isolated 105-107F) Tues, around 95-102F on Wed.
- Little nighttime relief, especially in urbanized areas.

TIMING	into Wed.
	 Prolonged period of oppressive daytime heat/humidity to those outdoors.

- Little nighttime relief with overnight lows staying above 70F tonight and Tuesday night.
 Potential for heat related issues to at-risk population and those doing higher levels of outdoor physical activities.
- Heat Advisories remain in effect through Wed except for Cape Cod and the Islands.
- **Excessive Heat Warnings may be needed for parts of Southern New England Tuesday if the coverage of 105+F heat indices increases.**

Oppressive Heat Peaks Tuesday, Continues into Wed. Boston/Norton, MA Take Extra Precautions If You Work Or Spend Time Outside **Heat Advisory** Heat Wave Heat Index values 95 F-104 F Tuesday, 95-102F Wed. POST-EVENT breaks on Risk of heat exhaustion OUTLOOK Pittsfield during outdoor exertion or Thursday/ 90 extended exposure 90 Friday. 95 By 6 AM Nantucket NEXT BRIEFING Tuesday.

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