

Oppressive Heat & Humidity



Boston/Norton, MA
WEATHER FORECAST OFFICE

OVERVIEW:

- Extended period of oppressive heat and humidity this week.
- Heat index values 95 to 103 F Wednesday and Thursday

TIMING	<ul style="list-style-type: none"> ▪ Through this weekend.
HAZARDS & IMPACTS	<ul style="list-style-type: none"> ▪ Heat related issues to at risk population and those doing higher levels of outdoor physical activities.
NWS ALERTS	<ul style="list-style-type: none"> ▪ Heat Advisory in effect Wednesday 11 AM to Thursday 8 PM.
FORECAST CHALLENGE	<ul style="list-style-type: none"> ▪ How widespread the oppressive heat and humidity will be. Heat Advisory may be extended in time and areal coverage. ▪ Initial signs are that the heat gets more oppressive this weekend, with highs approaching 100F and possible heat index values 105+ especially on Sunday. An Excessive Heat Watch may eventually be needed.

POST-EVENT OUTLOOK	<ul style="list-style-type: none"> ▪ Potential for strong to severe thunderstorms Thursday afternoon but confidence is low at this time on coverage and timing of storms. ▪ Heat gets more oppressive this weekend, especially Sun.
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Oppressive Heat and Humidity
Take Extra Precautions If You Work Or Spend Time Outside

Weather Forecast Office
Boston/Norton, MA
Issued Jul 20, 2022 3:37 AM EDT

Heat Advisory
Wed 11 AM to Thu 8 PM

- Heat Index values 95 F-103 F
- Risk of heat exhaustion during outdoor exertion or extended exposure

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NEXT BRIEFING	<ul style="list-style-type: none"> ▪ Wed 5 PM
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