



# Extreme Heat Briefing

June 22, 2025  
1:01 PM

For Southern New England

## Decision Support Briefing

Issued at: 3:00 PM Sunday June 22

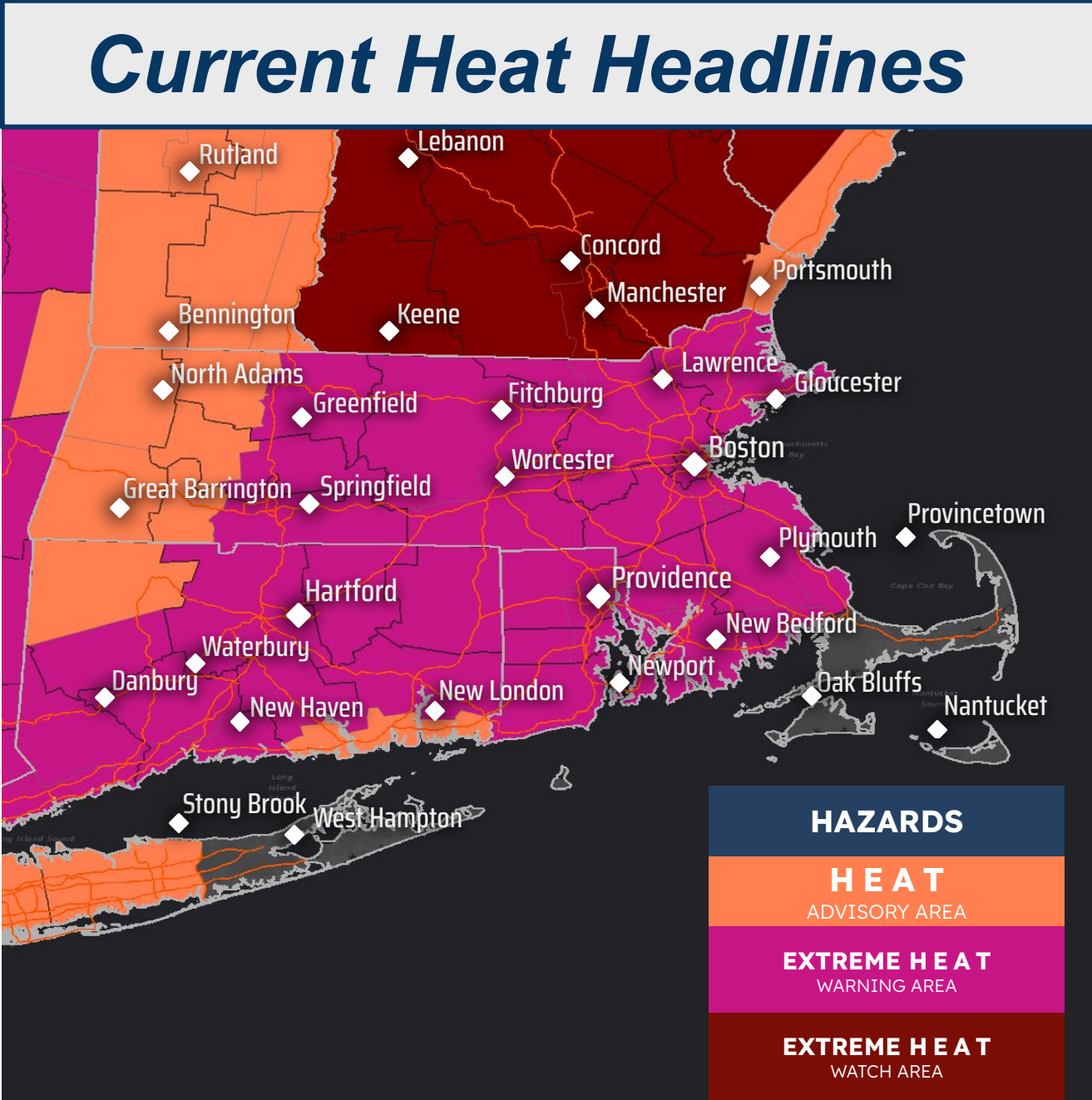
### Key Messages

- Extended period of very hot and humid weather early next week.
- Peak of the heat/humidity is Monday & Tuesday, with “Feels Like” temperatures above 105F in many areas
- Overnight temperatures remain above 70F, especially in urban areas
- Cooler Wednesday, but may be warm enough for Heat Advisory in CT Valley.
- Relief arrives by Thursday. Highs in upper 70s-low 80s.

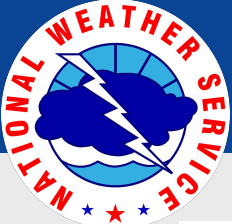


### New Information

→ Slightly cooler along immediate coast Monday.

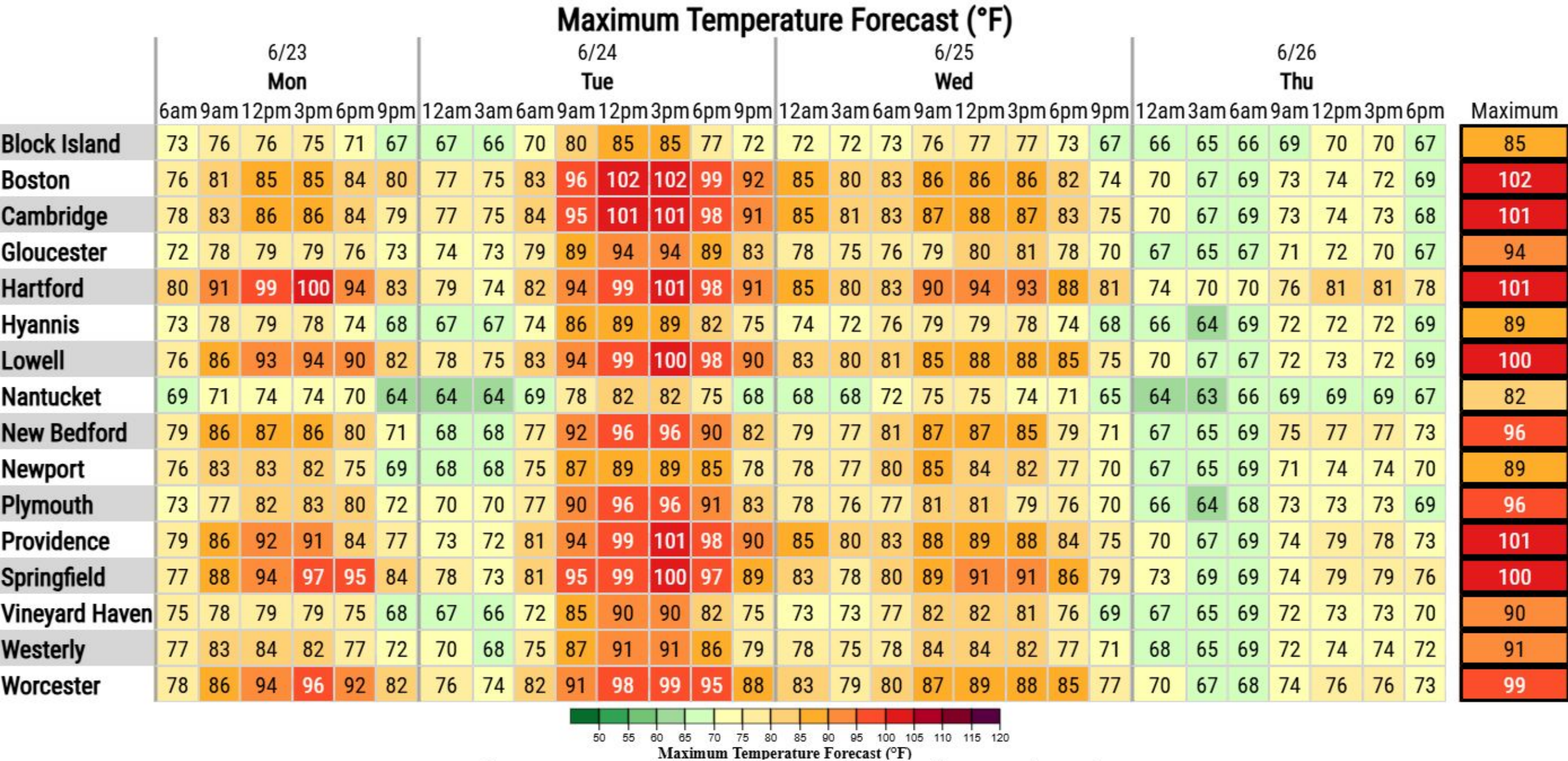






# Temperature Forecast

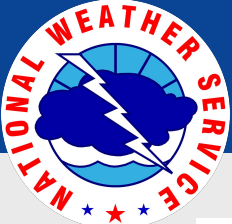
June 22, 2025  
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Created: 1 pm EDT Sun 6/22/2025 | Values are maximums over the period beginning at the time shown.

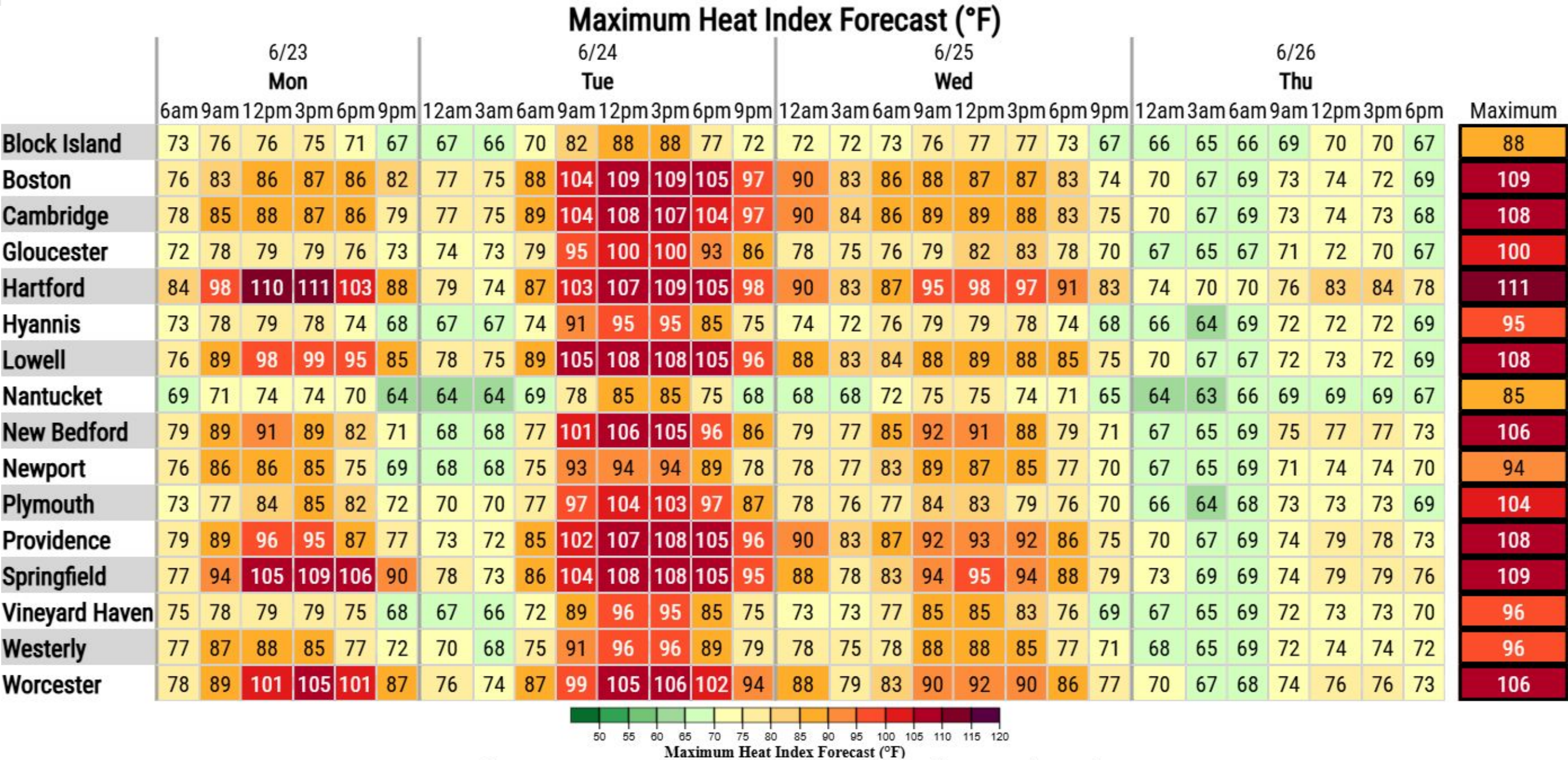






# Heat Index (“Feels Like”) Temperature Forecast

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Created: 1 pm EDT Sun 6/22/2025 | Values are maximums over the period beginning at the time shown.



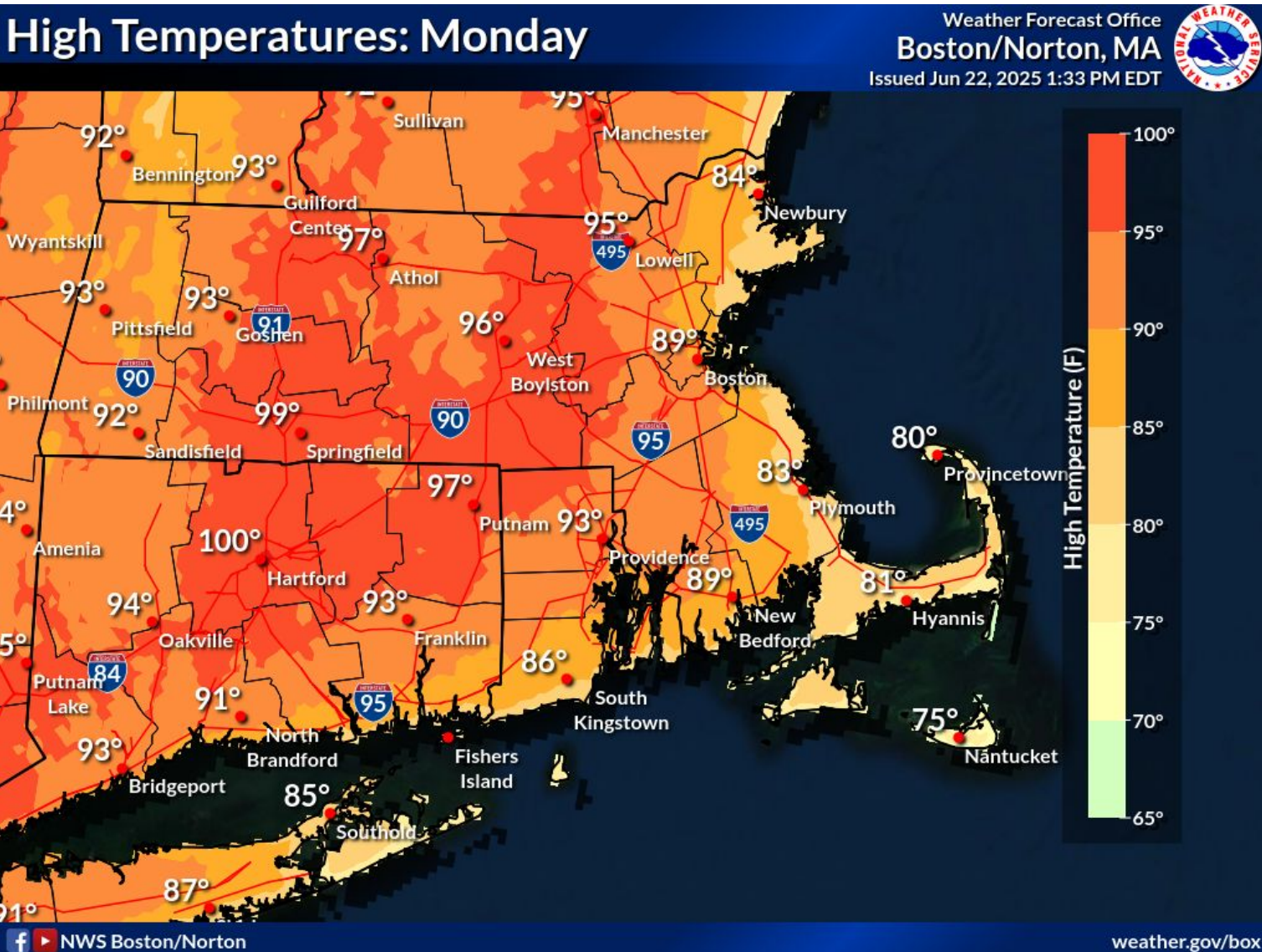




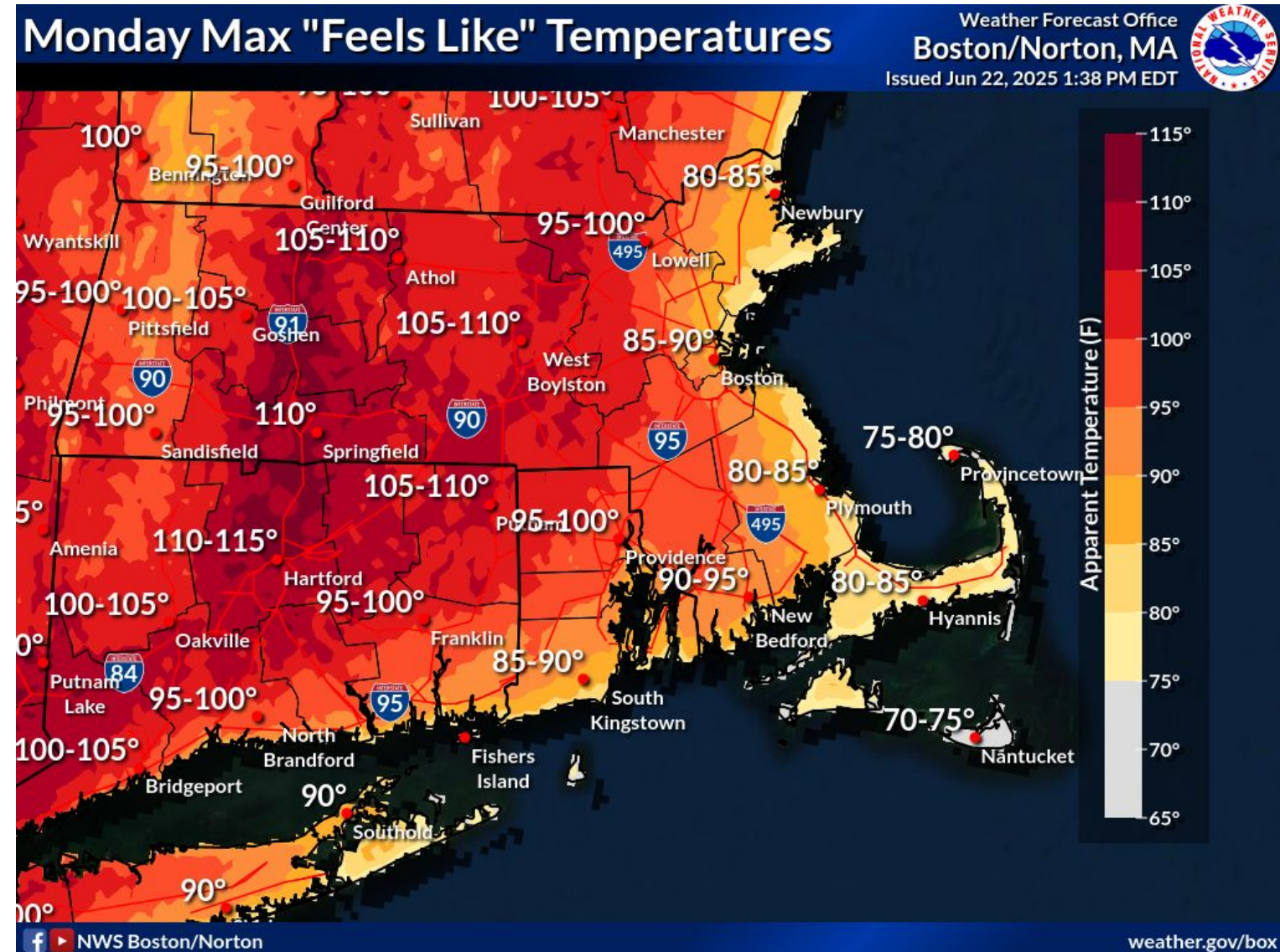
# Monday's Temperature & "Feels Like" Forecast

June 22, 2025  
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## High Temperatures: Monday



## Monday Max "Feels Like" Temperatures



- Daily record high temperatures are possible in western MA and CT
- Cooler along the immediate coastline from localized sea breezes

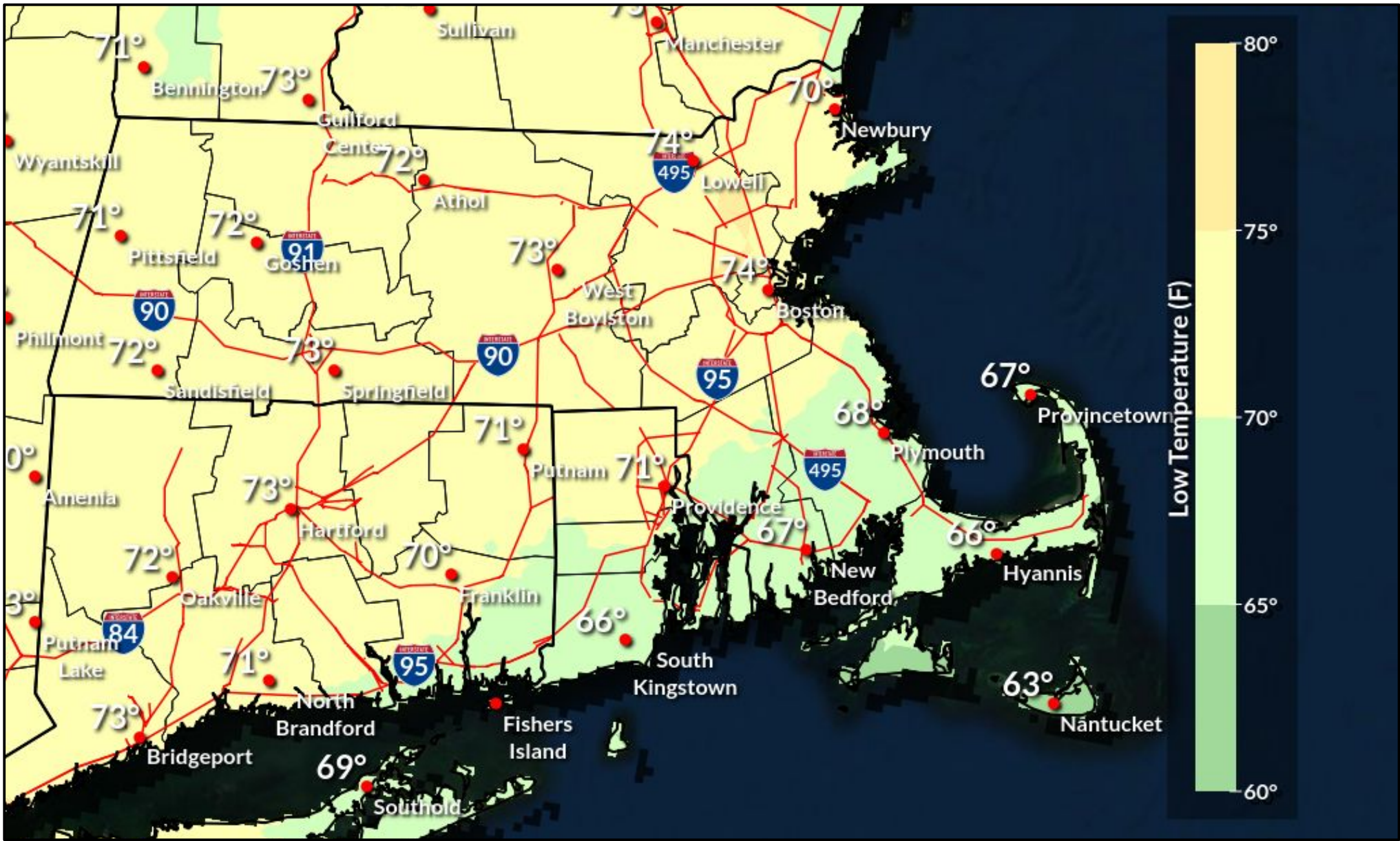




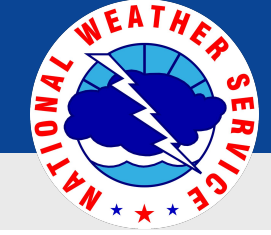


# Overnight Low Temperatures: Monday Night

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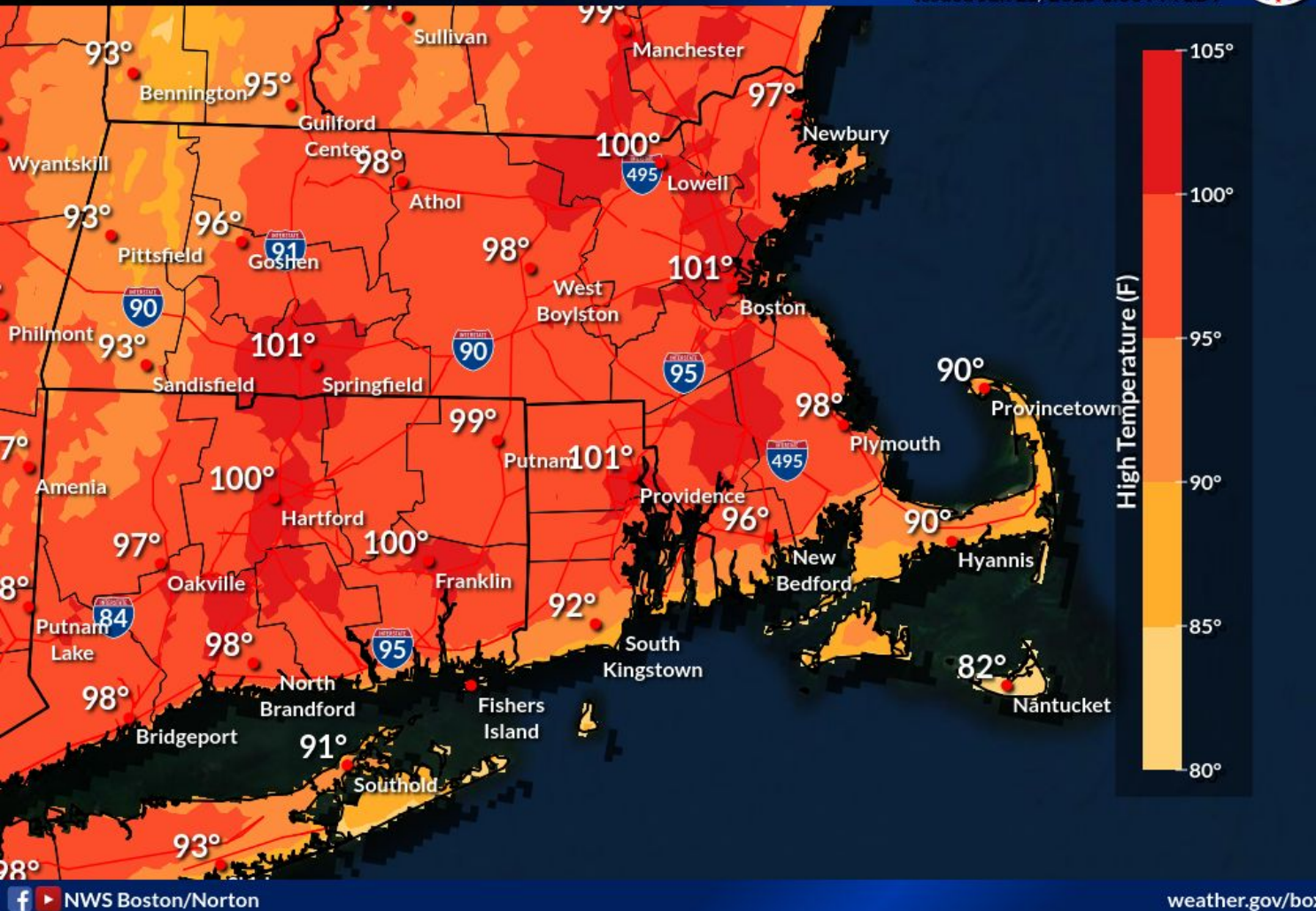


# Tuesday's Temperature & "Feels Like" Forecast

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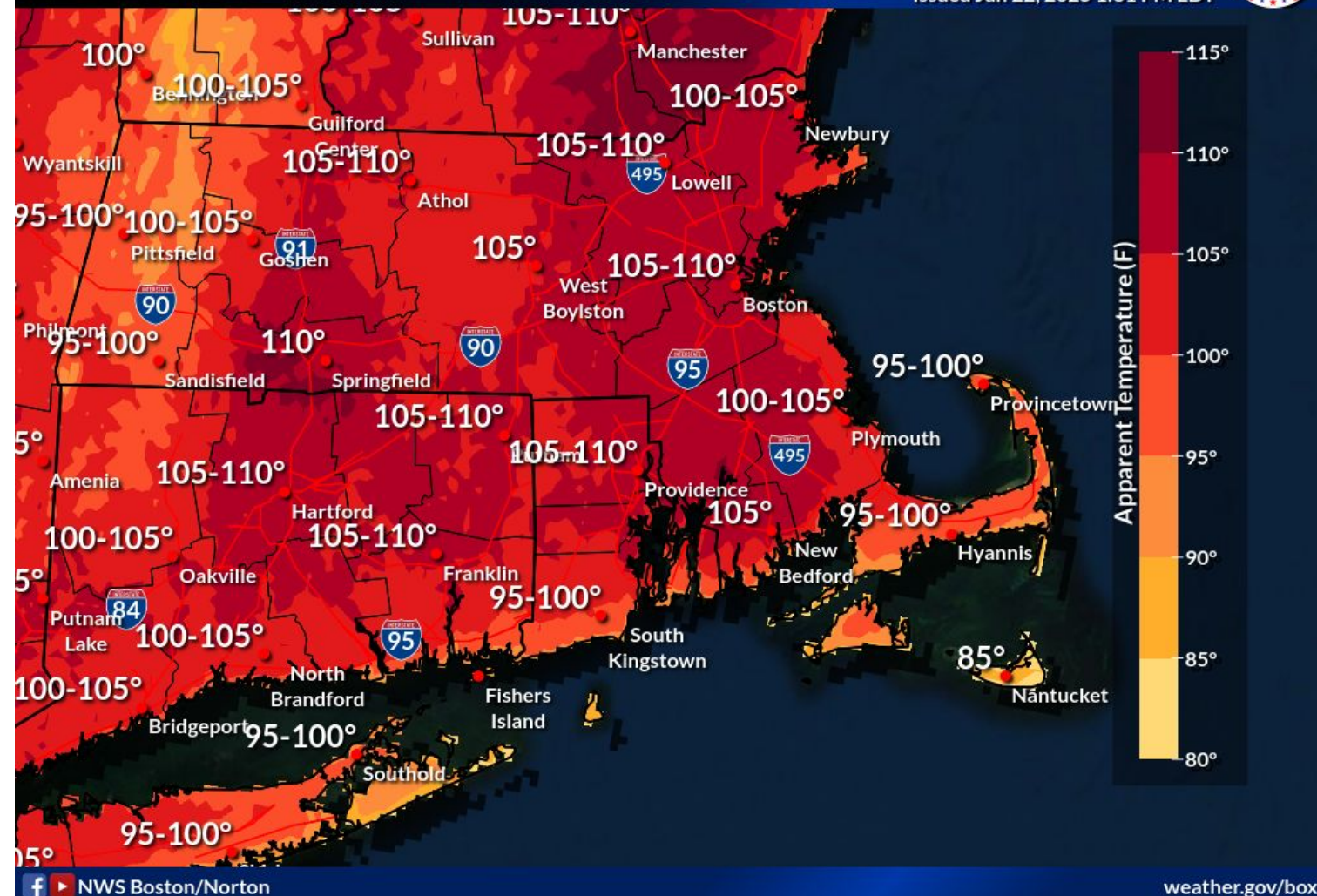
## High Temperatures: Tuesday

Weather Forecast Office  
Boston/Norton, MA  
Issued Jun 22, 2025 1:33 PM EDT



## Tuesday Max "Feels Like" Temperatures

Weather Forecast Office  
Boston/Norton, MA  
Issued Jun 22, 2025 1:31 PM EDT



- Daily record high temperatures are possible.



National Oceanic and  
Atmospheric Administration  
U.S. Department of Commerce

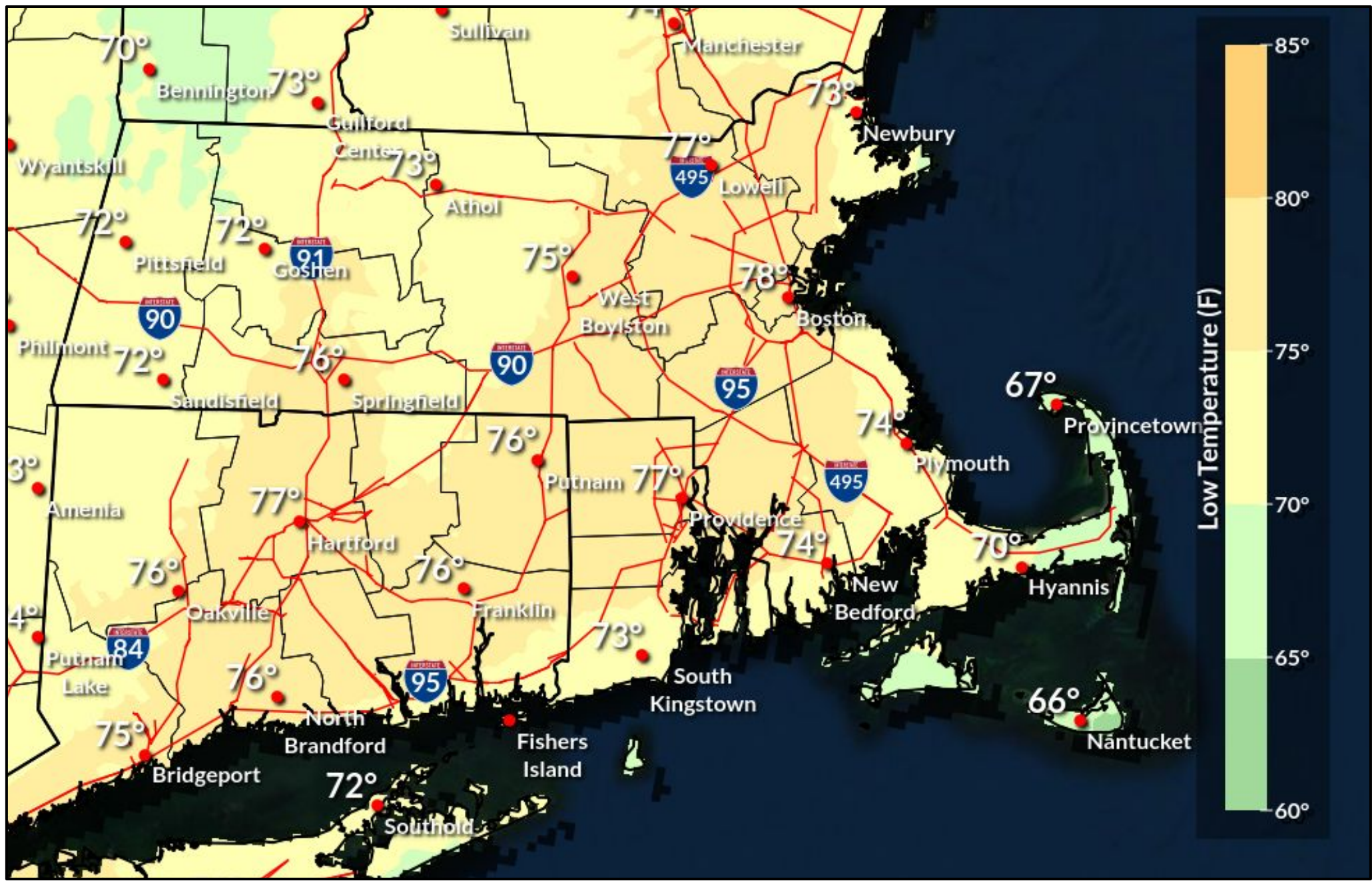
National Weather Service  
Boston / Norton, MA





# Overnight Low Temperatures: Tuesday Night

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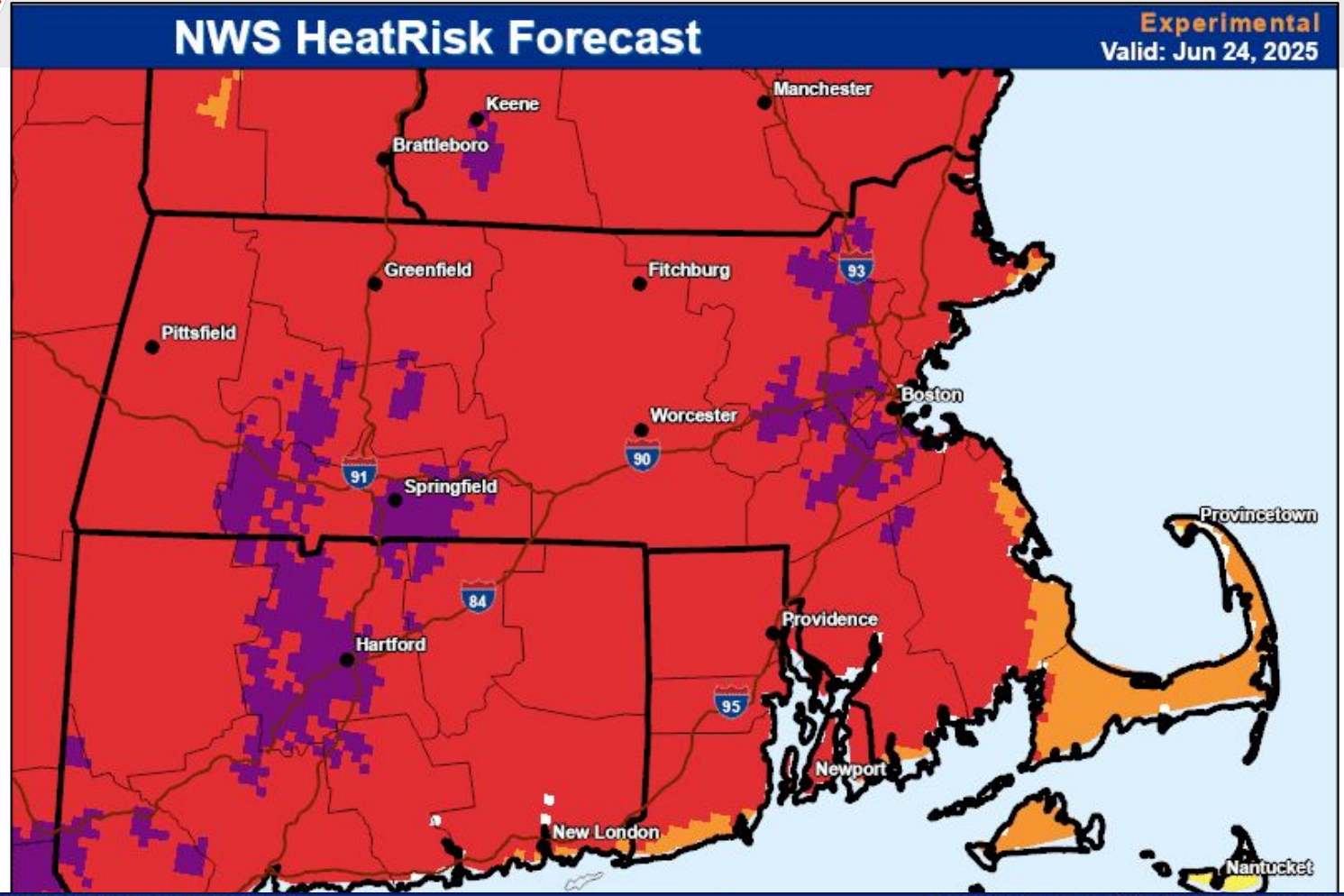






# HeatRisk Forecast Depiction - Tuesday

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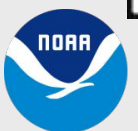


Experimental  
Valid: Jun 24, 2025

- HeatRisk classified as Major for most of the region
  - Anyone without access to effective cooling is at most risk from heat related health impacts
- Monday HeatRisk is very similar

More information on the [NWS HeatRisk Website](#)

Risk of Heat-Related Impacts				
Updated: Jun 22, 2025 10:49 AM EDT				
Little to None	Minor	Moderate	Major	Extreme
<ul style="list-style-type: none"><li>• Little to no risk from expected heat.</li></ul>	<ul style="list-style-type: none"><li>• This level of heat affects primarily those individuals extremely sensitive to heat, especially when outdoors without effective cooling and/or adequate hydration.</li></ul>	<ul style="list-style-type: none"><li>• This level of heat affects most individuals sensitive to heat, especially those without effective cooling and/or adequate hydration.</li><li>• Impacts possible in some health systems and in heat-sensitive industries.</li></ul>	<ul style="list-style-type: none"><li>• This level of heat affects anyone without effective cooling and/or adequate hydration.</li><li>• Impacts likely in some health systems, heat-sensitive industries and infrastructure.</li></ul>	<ul style="list-style-type: none"><li>• This level of rare and/or long-duration extreme heat with little to no overnight relief affects anyone without effective cooling and/or adequate hydration.</li><li>• Impacts likely in most health systems, heat-sensitive industries and infrastructure.</li></ul>

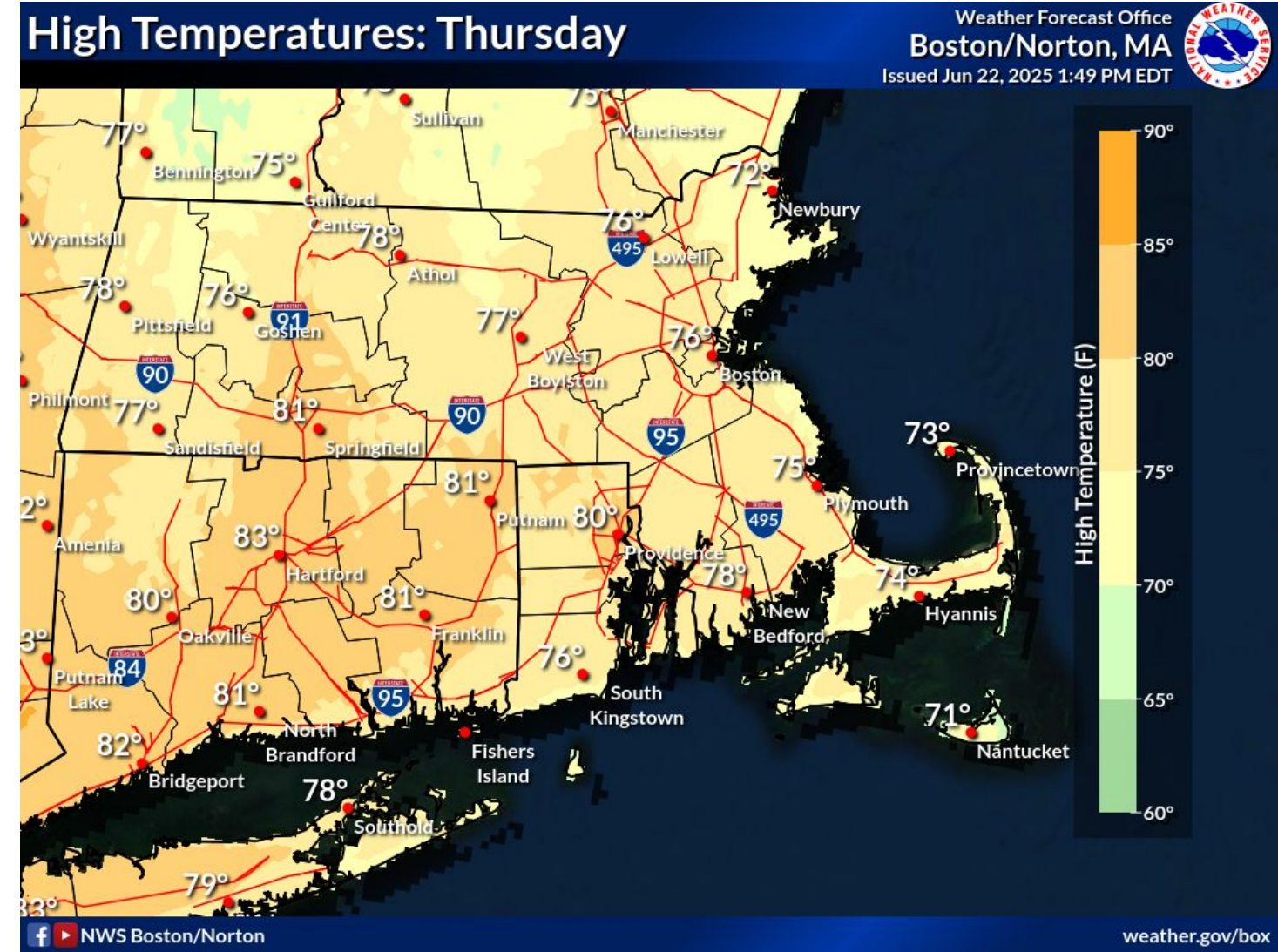
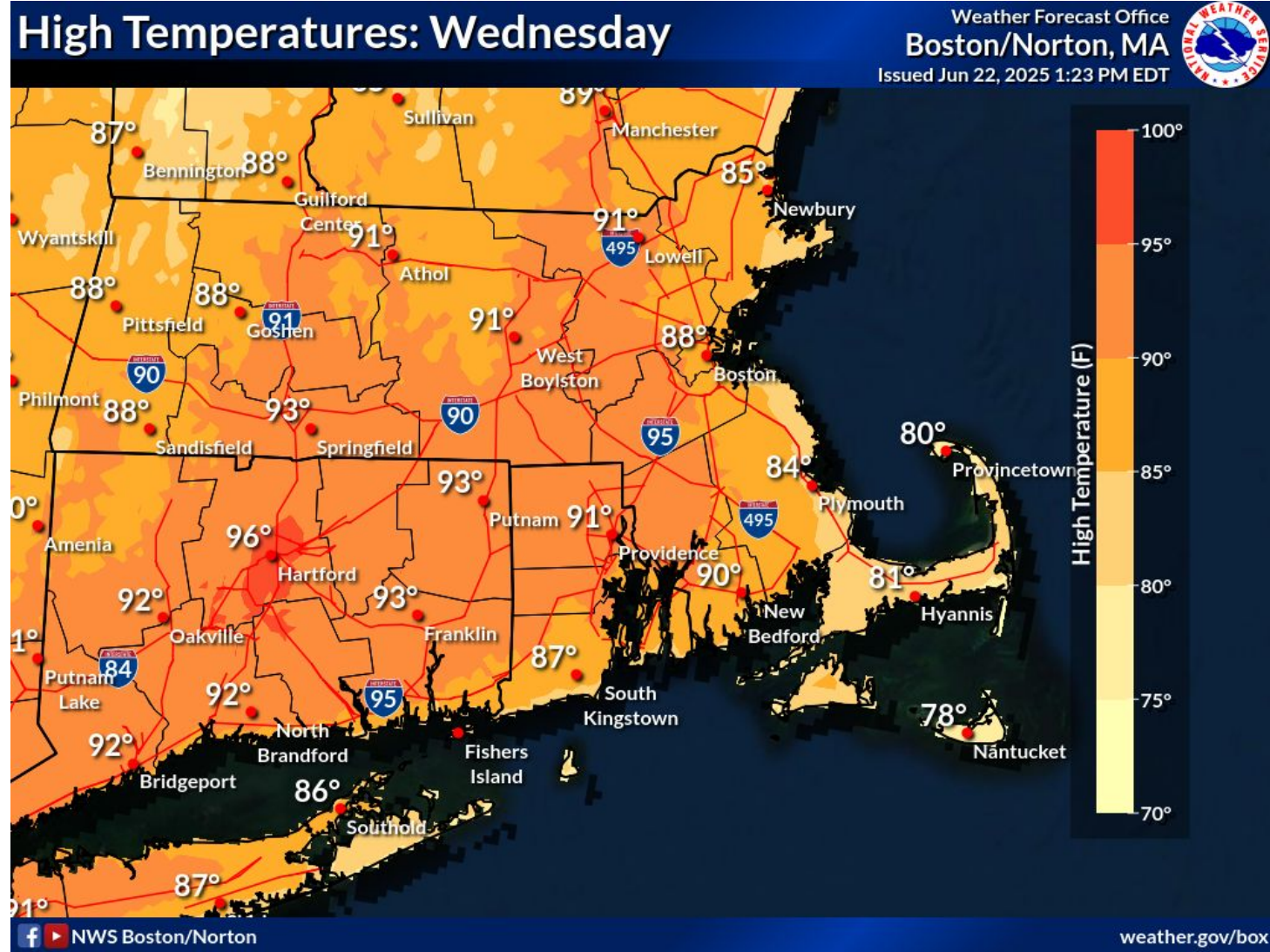






# High Temperatures: Wednesday & Thursday

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- Cooler Wednesday, although still above normal. Heat Advisory may be needed in CT Valley
- **70s and low 80s expected Thursday**







# Contact and Next Briefing Information

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For Southern New England



## Next Briefing

→ Monday June 23rd by 4 PM



## Contact Information

### Web

→ [weather.gov/box](https://weather.gov/box)

### Phone

→ (508) 622-3250

### Email

→ [box.operations@noaa.gov](mailto:box.operations@noaa.gov)

### Facebook

→ [www.facebook.com/NWSBoston](https://www.facebook.com/NWSBoston)

### Twitter

→ [@NWSBoston](https://twitter.com/NWSBoston)

